

# Valley Girls Camp 2019

## 2019 Camp Staff

**Rob Chapman**-Valley High School girl's head coach, 22 years of varsity experience, record 385-73, seven time conference coach of the year. Four time Iowa coach of the year. Midwest central coach of the year and National coach of the year 2008. Fifteen CIML championships. State Championships 03, 05, 06, 07, 08, 10

### **Adam Nidey**

(20+ years combined exp. w/Valley soccer. Coached in all six state championships)

**Lindsey Vorland, Aaron Pals, Nathan Tiry-Ortiz, Sam Weeks**

The coaching staff brings a great deal of knowledge and experience to our program.

**Additional Former Valley Players**

## Camp Information

Dates: Monday, July 15-18

Site: Valley High School (Track)

Grade going into next fall.

Grade K-5: 1 hour

Grade 6-12: 2 hours

Sessions: 8-9:00 a.m. K-5th

9-11:00 a.m. 6th-12th

### Fee

K-5: \$65 (includes t-shirt)

6-12: \$85 (includes t-shirt )

**Registration Deadline:** July 10th  
\$10 late fee after July 12th and not guaranteed a t-shirt if sign up after this date!!!

**\*Please make checks payable to:  
Valley Girls Soccer.**

## Weather Information

-We will plan on holding all sessions unless there is severe weather.

-Updates will be posted at the North end of the stadium.

## Girls' Application

\_\_\_\_\_

camper's name last first

\_\_\_\_\_

address

\_\_\_\_\_

city/state/ zip

\_\_\_\_\_

phone number

\_\_\_\_\_ ( )

Grade age( during camp)

Email \_\_\_\_\_

Circle T-shirt size: Youth S, M, L,  
Adult S, M, L,

\_\_\_\_\_

emergency contact

\_\_\_\_\_

emergency phone #

To Camp Director : I hereby authorize the directors and members of VHS soccer camp to act for me according to their best judgement in any emergency requiring medical attention and hereby waive and release the camp of all liability for illness or injury incurred by the above named participant while at camp.

### **Send Application to:**

**Valley Athletics & Activities-Girls  
Soccer c/o Brad Rose, 3650 Woodland  
Ave., West Des Moines , IA 50266**

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2019  
Girls  
Soccer Camp

**Camp Focus (In addition to FUN!)**

• **Technical Ability**

receiving                      dribbling  
distribution                  finishing

• **Tactical Ability**

decisions                      defending  
positioning                    attacking

• **Cognitive Ability**

attitude                      composure  
determination              concentration

• **Physical Ability**

strength                      agility  
speed                          balance

**Important things to remember:**

- ◆ Players must provide their own shinguards, sunscreen, soccer ball and water bottle.
- ◆ Campers will have a balance of games, drills, and fun.
- ◆ If camp is postponed due to weather, we will try and add time to sessions later in the week.
- ◆ Any schedule changes will be posted at Valley Stadium North End offices.

*Thanks for your interest in Valley Soccer!*  
*-Coach Chapman*

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Athletic Office  
Girls' Soccer Camp  
3650 Woodland Ave.  
West Des Moines, IA 50266  
For more information  
Rob Chapman (515) 577-6399



**Valley High School**

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2019 Girls  
Soccer Camp  
July 15-18

at Valley High School  
(Tiger field)  
for girls ages 6-18 years

West Des Moines Valley  
High School

