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Valley Girls' Soccer Camp Summer 2019

2019 Camp Staff

Rob Chapman: Valley High School girls' head soccer coach ... 22 years of varsity experience ... record 385-73 ... seven-time conference coach of the year ... four-time Iowa coach of the year ... Midwest central coach of the year and national coach of the year in 2008 ... 15 CIML championships ... won state titles in 2003, 2005-08, and 2010.

Adam Nidey: 20-plus years combined experience with Valley soccer ... coached in all six state championships.

**Lindsey Vorland, Aaron Pals,
Nathan Tiry-Ortiz, Sam Weeks:**
Coaching staff brings a great deal of knowledge and experience to our program.

Additional Former Valley Players

Camp Information

Dates: July 15-18

Site: Valley HS (Tiger Field)

Grade going into next fall.

Grades K-5: 1 hour

Grades 6-12: 2 hours

Sessions: 8-9 a.m., K-5

9-11 a.m., 6-12

Fee

K-5: \$65 (includes T-shirt)

6-12: \$85 (includes T-shirt)

Registration Deadline: July 10.
\$10 late fee after July 12 and not guaranteed a T-shirt if signed up past this date!

****Please make checks payable to:
Valley Girls Soccer.***

Weather Information

We will plan on holding all sessions unless there is severe weather.

Updates will be posted at the north end of Tiger Field.

Application

✂

Camper's Name

Address

City/State/Zip

Phone Number

_____ ()

Grade Age(during camp)

Email

Circle T-shirt size: Youth S, M, L
Adult S, M, L

emergency contact

emergency phone number

To Camp Director: I hereby authorize the directors and members of VHS soccer camp to act for me according to their best judgement in any emergency requiring medical attention and hereby waive and release the camp of all liability for illness or injury incurred by the above named participant while at camp.

Parent or guardian must sign

*Make checks payable to:
Valley Girls' Soccer Camp

Send Application to:

**Valley Athletics & Activities-Girls
Soccer c/o Brad Rose, 3650 Woodland
Ave., West Des Moines , IA 50266**

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2019
Girls'
Soccer Camp

Camp Focus (In addition to FUN!)

• **Technical Ability**

receiving dribbling
distribution finishing

• **Tactical Ability**

decisions defending
positioning attacking

• **Cognitive Ability**

attitude composure
determination concentration

• **Physical Ability**

strength agility
speed balance

Important things to remember:

- ◆ Players must provide their own shinguards, sunscreen, soccer ball, and water bottle.
- ◆ Campers will have a balance of games, drills, and fun.
- ◆ If camp is postponed due to weather, we will try and add time to sessions later in the week.
- ◆ Any schedule changes will be posted at Valley Stadium North End offices.

Thanks for your interest in Valley Soccer!
-Coach Chapman

Athletics Office
Girls' Soccer Camp
3650 Woodland Ave.
West Des Moines, IA 50266
For more information:
Rob Chapman 515-577-6399



Valley High School

2019 Girls'
Soccer Camp
July 15-18

at Valley High School
(Tiger field)
for girls ages 6-18

**West Des Moines Valley
High School**

