

COVID-19 Flowchart: Students/Employees



Stay or go home if you have one or more of these symptoms:

- Fever over 100.4
- headache
- **new** cough
- muscle aches/body aches
- shortness of breath or difficulty breathing
- **new** loss of taste or smell
- fatigue
- sore throat
- runny nose
- vomiting
- diarrhea







When can I return to school/work?

If you are VACCINATED

If you are NOT VACCINATED

 CONFIRMED COVID-19 DIAGNOSIS	NO Symptoms	Return to school when you have no symptoms for 10 days after testing.	 CONFIRMED COVID-19 DIAGNOSIS	NO Symptoms	Return to school when you have no symptoms for 10 days after testing.
	Symptoms	Return to school 10 days after illness starts AND 24+ hours have passed since fever without fever-reducing medications AND all other symptoms have improved.		Symptoms	Return to school 10 days after illness starts AND 24+ hours have passed since fever without fever-reducing medications AND all other symptoms have improved.

Iowa Department of Public Health close contact definition: someone who was within six feet of an infected person for 15 minutes or more.

 BEEN EXPOSED TO	Confirmed Case	CDC recommends no quarantine. Recommend masking for 14 days, test 3-5 days after exposure. (Exposure example: household contact)	 BEEN EXPOSED TO	Confirmed Case	You are not required to quarantine because this is a family decision. The CDC recommends self-quarantine until 14 days after the last exposure to the confirmed case. (Exposure example: household contact)
	Not a Close Contact	Return to normal activities 24 hours after a fever and other symptoms have resolved.		Not a Close Contact	Return to normal activities 24 hours after a fever and other symptoms have resolved.
 TESTED NEGATIVE FOR COVID-19	Are a Close Contact	Monitor for symptoms for 14 days.	 TESTED NEGATIVE FOR COVID-19	Are a Close Contact	Monitor for symptoms for 14 days.
	Tested, Waiting Results	CDC recommends self-quarantine at home. Return after 24+ hours have passed since last fever without fever-reducing medications AND all symptoms have improved AND 10 days since symptoms appeared.		Tested, Waiting Results	CDC recommends self-quarantine at home. Return after 24+ hours have passed since last fever without fever-reducing medications AND all symptoms have improved AND 10 days since symptoms appeared.
 COVID-19 SYMPTOMS	Did NOT Get Tested	CDC recommends self-quarantine at home for 10 days. See WDMCS illness guidelines.	 COVID-19 SYMPTOMS	Did NOT Get Tested	CDC recommends self-quarantine at home for 10 days. See WDMCS illness guidelines.
	Health care provider confirmed diagnosis that is NOT COVID-19	Follow specific guidance from a health care provider. See WDMCS illness guidelines.		Health care provider confirmed diagnosis that is NOT COVID-19	Follow specific guidance from a health care provider. See WDMCS illness guidelines.

Updated 8/27/21

Questions? Student: Contact your school nurse. **Employees:** Contact Human Resources.