

# Valley Southwoods Freshman High School Schedule



**VALLEY SOUTHWOODS**  
FRESHMAN HIGH SCHOOL

<b>MON/TUES/THURS (REGULAR BLOCK SCHEDULE)</b>	<b>WEDNESDAY (BLOCK &amp; COLLABORATION)</b>	<b>FRIDAY (8-PERIOD DAY)</b>
<b>Early Bird P.E.</b> 7:15-8 a.m.	<b>Early Bird P.E.</b> 7:15-8 a.m.	<b>Early Bird P.E.</b> 7:15-8 a.m.
<b>Period 1 or 2</b> 8:20-9:40 a.m.	<b>Period 1</b> 8:20-9:40 a.m.	<b>Period 1</b> 8:20-9:03 a.m.
		<b>Period 2</b> 9:08-9:51 a.m.
<b>Advisory or Encore</b> 9:45-10:25 a.m.	<b>Period 3</b> 9:45-11:05 a.m.	<b>Period 3</b> 9:56-10:39 a.m.
<b>Period 3 or 4</b> 10:30-11:50 a.m.		<b>Period 4</b> 10:44-11:27 a.m.
<b>Period 5 or 6</b> <b>First Lunch: 11:55 a.m. to 12:25 p.m.</b> Class: 12:30-1:55 p.m.  Class: 11:55 a.m. to 12:40 p.m. <b>Second Lunch: 12:40-1:10 p.m.</b> Class: 1:15-1:55 p.m.  Class: 11:55 a.m. to 1:20 p.m. <b>Third Lunch: 1:25-1:55 p.m.</b>	<b>Period 5</b> <b>First Lunch: 11:10-11:40 a.m.</b> Class: 11:45 a.m. to 1:10 p.m.  Class: 11:10-11:55 a.m. <b>Second Lunch: 11:55 a.m. to 12:25 p.m.</b> Class: 12:30-1:10 p.m.  Class: 11:10 a.m. to 12:35 p.m. <b>Third Lunch: 12:40-1:10 p.m.</b>	<b>Period 5</b> <b>First Lunch: 11:27-11:57 a.m.</b> Class: 12:02-12:56 p.m.  Class: 11:32-11:57 a.m. <b>Second Lunch: 11:57 a.m. to 12:27 p.m.</b> Class: 12:32-12:56 p.m.  Class: 11:32 a.m. to 12:26 p.m. <b>Third Lunch: 12:26-12:56 p.m.</b>
	<b>Period 7 or 8</b> 2- 3:20 p.m.	<b>Period 7</b> 1:15-2:35 p.m.
	<b>Teacher Collaboration</b> 2:35-3:45 p.m.	<b>Period 7</b> 1:49-2:32 p.m.
		<b>Period 8</b> 2:37-3:20 p.m.

\*Monday and Wednesday: Odd Block periods

\*Tuesday and Thursday: Even Block periods

\*Friday: 8-period day