

SITE LOCATIONS

AMES MIDDLE SCHOOL – 3915 Mortensen Road

School/Football/Gym--Coming in on I-35, take Hwy 30 west exit. Go west on Highway 30 to South Dakota exit (3rd interchange). Turn north (right) on South Dakota, go ½ mile to Mortensen Road and turn east (right) and go ½ mile. School is located on the north side of Mortensen Road. Enter east parking lot (3rd entrance) for all athletics. The gym is located on the east end of the school.

Track – Meets are at the high school located at 20th and Ridgewood. Take the 13th Street exit west off I-35 and continue west to Grand Ave. Turn north on Grand. Go north to 20th. Turn west on 20th to the high school.

ANKENY – NORTHVIEW MIDDLE SCHOOL – 1010 NW Prairie Ridge

School/Football/Gym/Track – Coming in on I-35, take exit 92, which is First Street. Go west on First Street to 5th set of traffic lights. This is the intersection with NW Ash-the Ankeny fire station is right there. Go north on Ash until the intersection with NW 9th (Prairie Ridge). Turn to the west and into the school parking entrance. For football and track park the bus adjacent to the track. For indoor events let the students off at the SE building entrance and then park in the adjacent lot.

FORT DODGE – PHILLIPS MIDDLE SCHOOL –1015 5th Ave. N.

School/Football/Gym - Coming in from the north or south off I-35 take the Hwy. 20 East exit east to the Fort Dodge/Coalville exit. Go right (north) to 5th Ave South (4-Way Stop). Turn left and go west approximately three miles to 12th Street (4 way stop). Turn north and go six blocks to 4th Ave. N. Turn left (west) one block to the school. Track/Stadium - Same as above off I-35 except when you turn left (west) on 5th Ave South proceed to County P-63 (Sonic Restaurant corner). Turn right (north) and go to T-intersection. Turn left (west) and continue one half mile past the high school. The stadium is five more blocks on the right.

Directions from Hwy 169 from the south or north. Take 169 North and exit on business 20. Turn left traveling past Iowa Central Community College, past Trinity Regional Hospital. Proceed across the bridge, up the hill and turn left (north) on N.15th Street (Dominoes Pizza) Go north through 5 stop lights and continue to Floral Ave.(which is right after 14th Ave. North) and turn right. Continue on Floral Ave. until you see the brick walls of Dodger Stadium on the right

INDIANOLA MIDDLE SCHOOL –403 South 15th Street

School/Football/Gym – Coming from the north on Hwy. 65/69, go to the intersection of Hwy. 92. Turn east on 92 to the 15th Street intersection (about a mile-it is the first stoplight). Turn south to the middle school. Coming from the east on 92, turn south at the 15th Street stoplight to get to the school. Coming from the west on Hwy. 92,

turn south at the 15th Street stoplight to get to the school. Teams should enter the building on the east side. Bus parking is in the lot on the east side of the gym.

Track – At Simpson College

2205 East 2nd Ave. Directions to Pickard Park: Traveling on Highway 65-69 turn left at the intersection of Highway 65-69 and Highway 92. Proceed east on Highway 92 about .5 miles until you see Pickard Park on your right.

JOHNSTON MIDDLE SCHOOL – 6207 NW 62nd Ave.

School/Football/Gym/Track – Coming in on I-80, take the Merle Hay Road exit. Go north on Merle Hay Road into Johnston to NW 62nd Ave. Turn left (west) and go about four blocks. The school is on the north side of the street. The gym is in the middle school and the football/track area is just west of the school.

JOHNSTON SUMMIT MIDDLE SCHOOL- Take I-80 West to 86th St. Exit and go right (north). Take 86th St. to Windsor Parkway (lights) and go left to stop sign. Continue straight and school and football field are on your left (south).

MARSHALLTOWN – MILLER MIDDLE SCHOOL – 125 S. 11th Street

School/Gym – Coming in on Hwy. 30, turn north on Center Street (Hwy. 14) and follow it across the railroad viaduct. Turn west on Boone Street and go west eleven blocks to South 11th Street. The school is on the corner of S. 11th and Boone. Coming in on Hwy. 330, stay on 330 (Lincolnway in Marshalltown) and follow it to South 12th Street. Turn north on S. 12th and go two blocks. You will see the back side of the school. The door to the gym is on the north side of the building. Parking is on the northeast side of the building.

Marshalltown High School – Coming on Hwy. 30, turn north on Center Street (Hwy 14) to Olive Street. Go East on Olive St. to the high school.

Franklin Field - Football/Track – Follow the above directions to Miller and continue north to Main Street. Turn west on Main Street and go to 14th Street.

VB events will be played at the Coliseum located on 20 W. State Street, one block north of Main Street.

NEWTON - BERG MIDDLE SCHOOL – 1900 N. 5th Ave. E.

School/Football/Gym – From I-80 (exit #168) follow Northeast Beltline Road north over Hwy. 6 and turn left on N. 4th Ave. E. Go to E. 19th Street N. and turn right. Enter the bus entrance off 19th. Coming from the north on Hwy. 14, turn on County Road T-12. Follow T-12 to Hwy. 6 and turn right. Turn right on NE Beltline to N. 4th Ave. E. Then same as above.

Track – From I-80 take exit #164 and follow Hwy. 14 north to first stop light (S. 12th Ave. W.). Turn right and follow to stop sign. Turn left and go one block to S. 11th Ave. W. Turn right and follow it to the stadium. From Hwy. 14 north, follow it south to

the second set of lights. Turn left and follow S. 12th Ave. W. to stop sign. Then same as from I-80.

SOUTHEAST POLK JUNIOR HIGH – "Located on Highway 163 (East University) approximately 4 miles east of Pleasant Hill and 5 miles south of Altoona. From I-235, take the East University Exit and continue east to the Jr/Sr High campus. From I-80, take Exit 141 South on the Hwy 65/69 By-Pass to the second exit which is East University or Hwy 163. The Jr. High school is located on the south side of the highway. All Jr. High activities are located on campus".

URBANDALE MIDDLE SCHOOL – 7701 Aurora Avenue

Middle School (Basketball, Wrestling)

Urbandale Middle School is located at 7701 Aurora Avenue.

From the east: Take I-80 to the Merle Hay Road Exit (131) and proceed south on Merle Hay Road. Take a right, turning west on Aurora Avenue. Travel past the Urbandale High School campus. Urbandale Middle School will be on your right.

From the west: Take I-80 to the 86th Street Exit (129) and proceed south on 86th Street to Aurora Avenue (2nd stoplight). Take a left turning east on Aurora Avenue. Proceed east on Aurora Avenue and Urbandale Middle School will be on your left.

High School (Football, Cross Country, Volleyball, Track)

Urbandale High School is located at 7111 Aurora Avenue.

From the east: Take I-80 to the Merle Hay Road Exit (131) and proceed south on Merle Hay Road. Take a right, turning west on Aurora Avenue. Travel to the intersection of 70th and Aurora Avenue. Urbandale High School will be on your right. The gyms and football field rest on the east side of the school; the softball field in Lions Park, directly south of the school, the pool directly west of the school on Aurora Avenue; the baseball field directly north of the school.

From the west: Take I-80 to the 86th Street Exit (129) and proceed south on 86th Street to Aurora Avenue (2nd stoplight). Take a left turning east on Aurora Avenue. Proceed east on Aurora Avenue past the Middle School. Urbandale High School will be on your left. The gyms and football field rest on the east side of the school; the softball field in Lions Park, directly south of the school, the pool directly west of the school on Aurora Avenue; the baseball field directly north of the school.

WAUKEE MS/PRAIRIEVIEW - 905 Warrior Lane

Football/Track/CC – Take I-80w/35s to Hickman rd. exit. Go west on Hickman (Hwy 6) to Warrior Lane. Turn south (left) on Warrior Lane (Waukee State Bank). Turn left on Ashworth rd. to reach the football field.

School/Gym – To reach the WMS gym, cross Ashworth rd. and turn left into the school parking lot.

Prairieview, 8/9 Building - 655 S.E. University

Take I-80w/35s to University exit west. Go west on University approximately 4 miles. After crossing railroad tracks the school will be the first building on the right.

Waukee Elementary - 400 Locust

Take I-80w/35s to Hickman Road exit. Go west on Hickman (Hwy 6) to 4th Street (second stoplight after McDonalds) and take a left. Go to stop sign and take a right and then take the first left to arrive at the front of the building.

WEST DES MOINES – INDIAN HILLS JUNIOR HIGH – 9401 Indian Hills Drive

School/Gym – From I-235 take the 35th Street exit (#1) in West Des Moines. Follow 35th Street north to University and turn east. Turn north at 94th Court and follow it to the school.

Track/Tiger Field (VHS) – From I-235 take the 35th Street exit (#1) in West Des Moines. Follow 35th Street south to Woodland Ave. Turn right (west) on Woodland at Valley High School. The track is south of the school with parking west and north.

WEST DES MOINES VALLEY STADIUM

From I-235 take 35th street south past Valley High School to E.P. True Parkway. Continue south on to George Mills Civic Parkway. Follow George Mills Parkway to stadium.