

# West Des Moines Community Schools

June 2009

## Summer Feeding

Choice of milk daily: White or Chocolate

Menu subject to change without notice

| MONDAY  |                                 | TUESDAY   |                                 | WEDNESDAY   |  | THURSDAY  |                                 | FRIDAY  |                                 |
|---|---------------------------------|---|---------------------------------|---|--|---|---------------------------------|---|---------------------------------|
|   |                                 |   |                                 | <b>Legion Park</b><br>4th & Vine Street, WDM  |  | <b>Stilwell Jr High School</b><br>1601 Vine Street, WDM   |                                 | <b>Hillside Elementary</b><br>713 8th Street, WDM   |                                 |
|   |                                 |   |                                 | Monday - Friday   |  | Monday - Friday   |                                 | Monday - Friday   |                                 |
|   |                                 |   |                                 | Lunch 12:00-1:00  |  | Breakfast 7:30-8:00<br>Lunch 11:30-1:00   |                                 | Breakfast 8:30-9:00<br>Lunch 12:30-1:00   |                                 |
| 8   | Cereal <sup>®</sup> Juice, Milk | 9   | Cereal <sup>®</sup> Juice, Milk | 10  | Breakfast Pizza <sup>®</sup> Juice, Milk | 11  | Cereal <sup>®</sup> Juice, Milk | 12  | Cereal <sup>®</sup> Juice, Milk |
| <b>Cheese Pizza</b><br><b>Boiled Egg or Yogurt</b><br><b>Ham* Sandwich</b><br>California Blend<br>Lettuce Salad<br>Raw Veggies w/dip<br>Apple<br>Cookie                             |                                 | <b>Walking Taco/Cornbread</b><br><b>Diced Ham* or Yogurt</b><br><b>Sunbutter &amp; Jelly Sandwich</b><br>Refried Beans<br>Lettuce Salad<br>Raw Veggies w/dip<br>Grapes<br>Cookie    |                                 | <b>Tenderloin* on a Bun</b><br><b>Cheese or Yogurt</b><br><b>Turkey Sandwich</b><br>Oriental Vegetables<br>Lettuce Salad<br>Raw Veggies w/dip<br>Banana<br>Cookie             |  | <b>French Toast w/ Egg &amp; Cheese</b><br><b>Diced Turkey or Yogurt</b><br><b>Sub* Sandwich</b><br>Hashbrown Wedge<br>Lettuce Salad<br>Raw Veggies w/dip<br>Watermelon Wedge<br>Cookie |                                 | <b>Chicken Tenders/Dinner Roll</b><br><b>Sunbutter or Yogurt</b><br><b>Cheese Sandwich</b><br>Green Beans<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Fruit<br>Cookie             |                                 |
| 15  | Cereal <sup>®</sup> Juice, Milk | 16  | Cereal <sup>®</sup> Juice, Milk | 17  | Waffle <sup>®</sup> Juice, Milk          | 18  | Cereal <sup>®</sup> Juice, Milk | 19  | Cereal <sup>®</sup> Juice, Milk |
| <b>Real Slice Pepperoni* Pizza</b> ☺<br><b>Cottage Cheese or Yogurt</b><br><b>Turkey Sandwich</b><br>Seasoned Broccoli<br>Lettuce Salad<br>Raw Veggies w/dip<br>Pineapple<br>Cookie |                                 | <b>Chicken Fajita</b><br><b>Diced Ham* or Yogurt</b><br><b>Sunbutter &amp; Jelly Sandwich</b><br>Peppers and Onions<br>Lettuce Salad<br>Raw Veggies w/dip<br>Strawberries<br>Cookie |                                 | <b>Pork Sloppy Joe* on a Bun</b><br><b>Diced Turkey or Yogurt</b><br><b>Cheese Sandwich</b><br>Tater Tots<br>Lettuce Salad<br>Raw Veggies w/dip<br>Kiwi<br>Cookie             |  | <b>Lasagna</b><br><b>Cheese or Yogurt</b><br><b>Ham* Sandwich</b><br>Peas and Carrots<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Melons<br>Cookie                                |                                 | <b>Chicken Bites/Dinner Roll</b><br><b>Boiled Egg or Yogurt</b><br><b>Sub* Sandwich</b><br>Baked Potato<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Fruit<br>Cookie               |                                 |
| 22  | Cereal <sup>®</sup> Juice, Milk | 23  | Cereal <sup>®</sup> Juice, Milk | 24  | Omelet, Juice, Milk                      | 25  | Cereal <sup>®</sup> Juice, Milk | 26  | Cereal <sup>®</sup> Juice, Milk |
| <b>Cheese Pizza</b><br><b>Diced Turkey or Yogurt</b><br><b>Cheese Sandwich</b><br>Seasoned Mixed Vegetables<br>Lettuce Salad<br>Raw Veggies w/dip<br>Mandarin Oranges<br>Cookie     |                                 | <b>Loco Turkey Taco</b><br><b>Cottage Cheese or Yogurt</b><br><b>Sub* Sandwich</b><br>Ranch Beans<br>Lettuce Salad<br>Raw Veggies w/dip<br>Banana<br>Cookie                         |                                 | <b>Meatloaf Sandwich</b><br><b>Diced Ham* or Yogurt</b><br><b>Sunbutter &amp; Jelly Sandwich</b><br>Green Beans<br>Lettuce Salad<br>Raw Veggies w/dip<br>Watermelon<br>Cookie |  | <b>Pancakes &amp; Sausage*</b><br><b>Sunbutter or Yogurt</b><br><b>Turkey Sandwich</b><br>Hashbrown Potato<br>Lettuce Salad<br>Raw Veggies w/dip<br>Cherries<br>Cookie                  |                                 | <b>Chicken Patty on a Bun</b><br><b>Cheese or Yogurt</b><br><b>Ham* Sandwich</b><br>Seasoned Carrots<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Fruit<br>Cookie                  |                                 |
| 29  | Cereal <sup>®</sup> Juice, Milk | 30  | Cereal <sup>®</sup> Juice, Milk | 1   | Pancakes <sup>®</sup> , Juice, Milk      | 2   | Cereal <sup>®</sup> Juice, Milk | 3   | Cereal <sup>®</sup> Juice, Milk |
| <b>Double Stuff Pizza</b><br><b>Cottage Cheese or Yogurt</b><br><b>Sub* Sandwich</b><br>Seasoned Cauliflower<br>Lettuce Salad<br>Raw Veggies w/dip<br>Peaches<br>Cookie             |                                 | <b>Soft Shell Taco</b><br><b>Boiled Egg or Yogurt</b><br><b>Ham* Sandwich</b><br>Black Beans<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Melons<br>Cookie                     |                                 | <b>Hamburger on a Bun</b><br><b>Sunbutter or Yogurt</b><br><b>Turkey Sandwich</b><br>Baked French Fries<br>Lettuce Salad<br>Raw Veggies w/dip<br>Plum<br>Cookie               |  | <b>Footlong* on a Bun</b><br><b>Diced Turkey or Yogurt</b><br><b>Cheese Sandwich</b><br>Peas<br>Lettuce Salad<br>Raw Veggies w/dip<br>Grapes<br>Cookie                                  |                                 | <b>Chicken Leg/Dinner Roll</b><br><b>Diced Ham* or Yogurt</b><br><b>Sunbutter &amp; Jelly Sandwich</b><br>Corn on Cob<br>Lettuce Salad<br>Raw Veggies w/dip<br>Assorted Fruit<br>Cookie |                                 |

\*Entrée may contain pork

The USDA is an Equal Opportunity Provider and Employer

West Des Moines Community Schools is an Equal Opportunity Provider